

ATS - For Mental Health



We are increasingly asked about the capabilities of ATS with regards to monitoring/evaluating Mental Health for athletes. Our Athlete Forms can be used for this purpose. Results may be seen using our data miner or selected reports.

Existing Forms:

- Adult ADHD Self-Report Scale
- Alcohol Use
- Cannabis Use
- Center for Epidemiologic Studies
- Eating Attitudes Test-26
- Generalized Anxiety Disorder
- Insomnia Severity Index
- Patient Health Questionnaire (PHQ-9)
- Sick Control One Fat Food
- Study Demographics

Staff may receive an email notification for questions in **ANY** form that are configured for this purpose.

For example if a student answers “yes” to feeling depressed a notice can be sent to one or several staff members.

Question / Your Answer

DEPRESSION

Over the past two weeks, how often have you

1: Scoring: None or a little of the time=0 points; Some of the time=1 point; Most of the time=2 points; All of the time=3 points.

Q 2: Been feeling low in energy, slowed down? *

A 2: 0 to 3

Q 3: Blamed yourself for things? *

A 3: 0 to 3

Q 4: Had poor appetite? *

A 4: 0 to 3

Q 5: Had difficulty falling asleep, staying asleep? *

A 5: 0 to 3

Q 6: Been feeling hopeless about the future? *

A 6: 0 to 3

Q 7: Been feeling blue? *

A 7: 0 to 3

Q 8: Been feeling no interest in things? *

A 8: 0 to 3

Q 9: Had feelings of worthlessness? *

A 9: 0 to 3

Q 10: Thought about or wanted to commit suicide? *

A 10: 0 to 3

Q 11: Had difficulty concentrating or making decisions? *

A 11: 0 to 3

Interpretation:

Q 12: Score of 0-8: symptoms are not consistent with a major depressive episode. A complete evaluation is not recommended, except in the case of a positive response to the suicide question (item 9). Score of 9-16: Symptoms are consistent with a major depressive episode. Presence of a major depressive disorder is likely. A complete evaluation is recommended. Severity level is typically mild or moderate, depending upon the degree of impairment. Score of 17-30: Symptoms are strongly consistent with criteria for a major depressive episode. Presence of major depressive disorder is very

Athletes fill out forms privately and securely via the Athlete Portal, Athlete Smartphone or ATS Kiosk.

The Results can be pulled from reports or information can be reviewed via the data miner.

1. Forms for an Athlete & Form
2. Unprinted Forms for a Specific Form
3. Forms for a Specific Form by Date Range
4. Forms for a Specific Form & Team by Date Range
5. Athlete/Form History Report
6. List of Athletes for a Form by Date Range

ATS Data Miner tool

ATS Data Miner

1 - Choose the export area
Depression Screening Inventory - Total Score

2 - Select the data to be exported
 LastFirstName
 WholeTeamName
 Gender
 Email
 PhoneNumber
 CellNumber
 TextMsgAddress
 QuestionNumber
 RangeAnswer
 DateCreated
 FormName
 PrimaryQuestion
 SecondaryQuestion

Filters Query String

3 - Enter filter values
 Stock Filters Optional Filters
 Ath Gender:
 Whole Team Name:

Select the date range
 Date Field:
 From: / /
 To: / /

4 - Export to Excel 5 - Close

Keffer Development Services provides the ability for your organization to export data to an external Microsoft Excel spreadsheet. However, we recognize that these may contain PHI and are not responsible or legally liable if the information is not deleted or stored in a secure manner.

General or Specific Reports

- General - Adult ADHD
- General - Alcohol
- General - Cannabis Use
- General - Center for Epidemiological
- General - Eating Att Test-26
- General - Gen Anxiety Disorder
- General - Insomnia Severity
- General - Patient Health Questions
- General - Sick Control One Fat Food
- General - Study Demographics

Athletic Trainer System
 24 Village Park Drive
 Grove City, PA 16127

1-888-328-2577 info@athletictrainersystem.com
www.athletictrainersystem.com
www.facebook.com/athletictrainersystem

