There are a few sections of the dropdown popup list area that may need to be customized to match your program’s use of Modalities.

Enter a New Modality

If the Modality (or any dropdown) is NOT needed and was never used, it can be made not active.

If the Modality (or any dropdown) has never been used, enter a “Last Used Date” to prevent future use but to keep it tied to old.

Enter any Treatment Locations
There are a few sections of the dropdown popup list area that may need to be customized to add pictures, videos and web links to Modalities, Rehabs and Strength.

Select a major group

Use this area to Add a Modality (or Rehab or Strength & Conditioning Exercise)

Use this area to load any pictures from WebExercises* after inserting the code provided (If applicable)

Use this area to load your own pictures from your computer

Use this area to load a web link you want your athletes to visit

Note*: WebExercises does not provide information for the Strength area. For more information on WebExercises see the last page of this document or search the help file page.
There are a few sections of the dropdown popup list area that may need to be customized to match your programs use of Rehabs.

- **Enter a New Rehab**
- **Enter any Rehab Reasons**
- **Enter any Treatment Locations**
There are a few sections of the dropdown popup list area that may need to be customized to match your programs use of The Strength and Conditioning.

Enter specific Exercises

Enter a Strength and Conditioning Exercise Reason
Finally if you intend on using WebExercises with ATS, the process is outlined below or show in an additional document on the help page.

Through our partnership you may now enter WebExercises® codes into ATS for use by your athletes.

1-866-411-4825  www.webexercises.com

Step 1:
Search for results from the WebExercises® web site...

...enter the code into ATS Modality/Rehab/Strength maintenance screen

The annual cost from WebExercises® is $75/year, once you register with them, you will have access to the library and the process shown here.

Step 2: Athletes view modalities, rehabs or strength sessions via their phone or the athlete portal...

View the video...