



Meet H.A.L. our Hydration Alert Log

Monitor Weight

Stay Hydrated

Record Results

Athletic Trainer System
24 Village Park Drive
Grove City, PA 16127

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Hydration Alert Log (HAL)

Date: 3/ 9/2018 12:00:00 AM Now Temp: 65 Humidity: 15 Heat Index: 68 WBGT: 70
 Type: Practice 1 Team: KDS School Coed Student Body Load Roster

Athlete	Weight Before	Weight After	Change	Change %	1	2	Weight 2	Change 2	Change % 2
Alert: True									
Anderson, Oliver	165.00	160.00	5	3.03	☒	☐			
Bonder, Art	180.00	175.00	5	2.77	☒	☐			
Anderson, Corey	180.00	175.00	5	2.77	☒	☐	178.00		
Bonder, Rick	190.00	185.00	5	2.63	☒	☐			
Cummings, Terry	159.00	155.00	4	2.51	☒	☐			
Alert: False									
Anderson, Corey	140.00	138.00	2	1.42	☐	☐			
Anderson, Latish	135.00	132.00	3	2.22	☐	☐			
Anderson, Sue	125.00	122.00	3	2.4	☐	☐			
Bonder, Danny	175.00	172.00	3	1.71	☐	☐			
Bonder, Fred	168.00	165.00	3	1.78	☐	☐			
Bonder, Lonnie	164.00	160.00	4	2.43	☐	☐			
Bonder, Louis	148.00	145.00	3	2.02	☐	☐			
Bonder, Ondre	168.00	165.00	3	1.78	☐	☐			
Bonder, Reggie	158.00	155.00	3	1.89	☐	☐			
Budd, Justin D	205.00	200.00	5	2.43	☐	☐			
Clap, Adam B	138.00	135.00	3	2.17	☐	☐			
Corpe, Colin	184.00	180.00	4	2.17	☐	☐			
Cutty, Robert	135.00	134.00	1	.74	☐	☐			
Douling, Wade D	155.00	152.00	3	1.93	☐	☐			

Record: [Navigation Icons] Of 92 Level 1: 2.5% Level 2: 3.5%

+Note Calc Remove Save Excel Print Close



ATS Core Data Team Entry Screen

ATS Core Data Individual Entry Screen

Hydration Alert Log - Entry Details

Date: 3/ 8/2018 12:00:00 AM Now Temp: 55 Humidity: 10 Heat Index: 25 WBGT: 55
 Type: Practice 1 Team: GC Outreach Men Rugby Club

Athlete: Glupe, Augie Alert Triggered ☐
 Weight Before: 170.00 Weight After: 165.00 Change: 5.00 Change %: 2.94 Alert 1 ☐ Alert 2 ☐
 Weight 2: 169.00 Change 2: 1.00 Change % 2: 0.58

Actions: Level 1: 2.5% Level 2: 3.5% Calc New Save Remove Close

Reports

KDS School									
HAL list for: GC Outreach Men Rugby Club and 03/05/2018									
Player Name	Before	After	Change	Percent	Alert 1	Alert 2	After 2	Change 2	Percent 2
Type: Game	Humidity: 25			Temp: 65	Heat Index: 66		WBGT: 70		
Bond, James	125.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Bonder, Martin	135.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Cutty, Robert	145.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Frazier, Joe	155.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Fuller, Ben	165.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Glupe, Augie	175.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Green, Frank	170.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
John, John	160.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Kreuger, Francis	190.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Valdez, John	200.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00
Valdez, Juan	200.00	0.00	0.00	0.00	No	No	0.00	0.00	0.00

Also available via our ATS Smartphone, ATS Core Portal and ATS Quick Med Check modules.